

Step Studies

Step Studies are a weekly in-depth study of the lessons and working of the eight principles and twelve steps contained within the four Celebrate Recovery participant's guides. The group will answer and discuss the questions at the end of each lesson together. The group is closed to new participants at the start of the fourth principle. Step Studies may last anywhere from 6-12 months depending on the speed at which a particular group completes each lesson. Step Studies meet on a different day of the week from the regular meeting night with the large group meeting and open-share groups, and there are separate groups for men and women. All who attend Celebrate Recovery are encouraged to attend a Step Study because that is where they get into the heart of the program and true healing from their lives' hurts, hang-ups, and habits occurs.